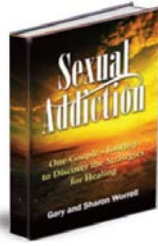


Strategies for Healing, Inc.

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New Book just released: *Sexual Addiction: One Couple's Journey to Discover the Strategies for Healing*

- ❖ 47% of families say pornography is a problem in their home.
- ❖ A 2000 msnbc.com survey found that as many as 80 percent of visitors to sex sites were spending so much time tracking down erotica on the computer that they were putting their real-life relationships and/or jobs at risk.
- ❖ Representatives from the pornography industry told Congress COPA Commission that as much as 20 to 30 percent of the traffic to some pornography websites comes from children.

Denver, Colorado—Gary and Sharon Worrell announce the immediate release of their first book: *Sexual Addiction—One Couple's Journey...* a riveting story of sexual addiction recovery written in a He said/She said format. *One Couple's Journey* will guide you to an understanding of what sexual addiction is and give you crucial insight into what it takes to recover from it. Gary and Sharon Worrell reveal their very personal story of sexual addiction and their own complex journey on the road to true, lasting recovery. Rarely does a single book portray the perspectives of both the addict and the partner and all that each has experienced in the throes and the aftermath of addiction. The intricacies of behavioral addictions are at times hard to pin down, and the shame that comes with addictive sexual behaviors can make it difficult to uncover the truth. You will not be able to put this book down as you follow the story from discovery to freedom. This book is for individuals who struggle with compulsive sexual behaviors, their partners and those that help them. You will learn:

- ✦ The definition of sexual addiction—what it looks like and the myriad of behaviors associated with it.
- ✦ Who needs recovery and how to get it.
- ✦ Facing the reality of denial and deception and how to come out of it.
- ✦ Identifying the dysfunctions in a relationship that has sex addiction at its core.
- ✦ Understanding what sexual anorexia is and how to deal with it.
- ✦ The connection with financial and job chaos.
- ✦ How to deal with relapse and accountability.
- ✦ How to have freedom from your behaviors, victory over the core issues, and a new hope for a future apart from addiction.

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The Book has earned multiple endorsements including:

“Gary and Sharon Worrell have given you the most brutally honest, hopeful account of redeeming a life and a marriage from sexual addiction that I have read to date. You will be encouraged and directed on your road to freedom through the crucial principles contained in these pages.”

Douglas Weiss, Ph.D.

President of the American Association for Sex Addiction Therapy

To see all endorsements: www.StrategiesForHealing.com

The Worrell's have written a book that gives answers to all the questions that get asked when people are unfamiliar with sexual addiction and its issues. This book is about educating individuals and their partners on the intricacies of sexual addiction and how to navigate through it. It gives a blueprint for counselors, pastors, or ministry leaders who are trying to find their way when helping people struggling with compulsive behaviors that come across their paths.

There are very few books that talk about sexual addiction outside the clinical terminology that are for the professional. *Sexual Addiction—One Couple's Journey* is written in relational terms and answers all the hard questions.

Gary Worrell has a master's degree in community counseling and started a private practice to help individuals struggling with sexual addiction and other addictive behaviors. He and his partner Sharon use innovative, outside-the-box tools in their practice to assist people with finding freedom from the bondages of addictions and the financial chaos that often follows.

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