

Notable Endorsements for *Sexual Addiction—One Couple's Journey...*

Gary and Sharon Worrell have given you the most brutally honest, hopeful account of redeeming a life and a marriage from sexual addiction that I have read to date. You will be encouraged and directed on your road to freedom through the crucial principles contained in these pages.

Douglas Weiss, Ph.D., President of the American Association for Sex Addiction Therapy

It must have taken an immense amount of courage for Gary and Sharon Worrell to write their book, *Sexual Addiction*. They relate problems candidly as they tell the story of their healing journey. For those who struggle with sexual addiction, I highly recommend this book. —**Cecil Murphey, author or co-author of more than 100 books including *90 Minutes in Heaven***

I met Sharon ten years ago on her first day of group therapy. I loved her then and I love her now, and the miraculous transformation that has occurred between those two points has been a privilege to witness. She is one of the most passionate women I have ever met in recovery and is absolutely committed to seeing others who have been impacted by sex addiction become free to live and love from the heart. This book is nothing short of a labor of love born out of suffering, humility, hard work, and surrendering to God. Even though I already knew the Worrells' story well, I was compelled to keep reading to see how everything turned out! Read this book not just for the logistics of how recovery from sex addiction unfolds, but for an honest account of heartbreak and restoration between two people whom all the odds were against.

Laurel Justice, MA

Gary and Sharon Worrell's new book offers us an accurate and powerful description of the devastation caused by sexual addiction in their marriage. Their corresponding chronicles are painfully accurate. Gary clearly portrays his bondage to the fear of being found out while he expended all of his energy hiding his shame. Sharon's call to persevere in their journey meant navigating the emptiness of her sexually addicted husband while feeling his rejection and his incapacity to connect. Her ability to articulate her own personal journey from devastation to inner wholeness while allowing her husband the freedom to discover the consequences of his hurtful choices will clearly direct women faced with similar situations on a healing path. I would highly recommend this as reading material for my clients.

Cheryl Givens Field, Certified Sexual Addiction Therapist, Colorado

Gary and Sharon Worrell's book on sexual addiction is a blueprint showing the way to break free of life-controlling issues, and I highly recommend it. Their story clearly reveals the grace and mercy of God at work, sustaining their strength to keep working toward a future of freedom and hope. It also depicts how God can use trials in our lives to teach others the way out of addictions and longstanding problems. I believe this book will help bring about victory in the lives of many people.

Bishop Robert Coulter, The Missionary Church International

I have walked this journey with Sharon for a decade and can attest to her honesty, integrity and insight. With candid vulnerability, Sharon and Gary open up their stories and the process they chose to bring health and healing. They don't claim that the choices they made are for everyone, but they share their story out of a passion to illuminate the reality of sexual addiction/co-addiction and bring hope. We live in a culture where emptiness and isolation is addressed with false intimacy and pornography at alarming rates. The ongoing deception and devastation for individuals and families is mind-bending and heartbreaking. This book is relevant and real, especially to a hungry generation bombarded by media and floundering amidst so many broken homes. The truth presented in this book should be a priority. Bring it to light, bring on the healing, and bring an end to the empty promises of pornography and sexual addiction.

Heje Corrigan M.S.

Sexual Addiction—One Couple's Journey is a raw, authentic look into a couple's turbulent journey to heal from the devastating consequences of sexual addiction. This book gives you a rare, transparent look into the intimate thoughts and emotions of this husband and wife as they struggled to overcome. Their courageous story will give you hope and inspiration to embark on your own journey to freedom as you realize that you're not alone.

Cory M. Schortzman M.A., LPC / SRT Executive Director

I love to read stories of hope and redemption. The Worrells' book will both encourage and provide a solid blueprint for couples who are facing similar challenges.

Kent Miller, MA, LPC

